

## Description of the Treatment

The MDPen™ skin needling system allows for controlled induction of the skin's self-repair mechanism by creating micro injuries in the skin to trigger new collagen synthesis, while not posing the risk of permanent scarring. The result is smoother, firmer, and younger-looking skin. Skin needling treatments are performed in a safe and precise manner with the sterile MDPen™ needlehead and are normally completed within 30-60 minutes, depending on the selected area.

## Side Effects

After the procedure, the skin may be red and flushed in appearance, similar to moderate sunburn. In the treatment area, skin tightness and mild sensitivity may also be experienced. These side effects will diminish within a few hours following treatment and over the next 24 hours. After 3 days, there will be little evidence that the procedure has taken place.

## Contraindications

Contraindications and precautions include: keloid or raised scarring; history of eczema, psoriasis, actinic (solar) keratosis, herpes simplex infections, diabetes, and other chronic conditions; presence of raised moles, warts, or any raised lesions in the target area. Absolute contraindications include: scleroderma, collagen vascular diseases, or cardiac abnormalities; rosacea or blood clotting problems; active bacterial or fungal infections; immunosuppression; scars less than 6 months old; and facial rollers used in the past 2 - 4 weeks. Treatment is not recommended for patients who are pregnant or nursing.

## Patient Consent

I understand that results will vary among individuals. I understand that although I may see a change after my first treatment, I may require a series of sessions to obtain my desired outcome.

The procedure and side effects have been explained to me, including alternative methods. I understand the advantages and disadvantages of this procedure.

I am aware that although good results are expected, the possibility and nature of complications cannot be accurately advised; therefore, there can be no guarantee, expressed or implied, either to the success or other result of the treatment.

I am aware that the MDPen™ treatment is not permanent and natural degradation will occur over time. I agree that I have read (or that it has been read to me) and understand this consent form, and that I understand the information contained in it.

I have had the opportunity to ask any questions about the treatment, including risks and alternatives, and I acknowledge that all my questions about the procedure have been answered to my satisfaction.

THIS CONSENT FORM IS VALID UNTIL ALL OR PART IS REVOKED BY ME, THE BELOW SIGNED PATIENT, IN WRITING:

Print Name :

Sign Name:

Date:

Clinic Name:

## Day 1

Red appearance of the skin will vary depending on your treatment and the depth of the penetration of the needles.

## Day 2

Redness or pinkness of the skin will be similar to moderate sunburn. Swelling may be more noticeable.

## Day 3

Skin may still be pink or have returned to normal color. Swelling will subside.

### Precautions

- Wash your face thoroughly a few hours after the treatment. Gently massage your face with tepid water so as to remove all serum and other debris, such as dried blood. Do not use a chemical sunscreen on the same day as your treatment.
- For the first 1-3 days, your skin will be very dry and may feel tight. Frequent use of an HA (hyaluronic acid) serum or other moisturizer will help alleviate this condition.
- After 2-3 days, or as soon as it is comfortable for you to do so, you can return to using your regular skin care products. Products containing Vitamin A are recommended.
- Avoid alcohol-based toners for 10-14 days.
- Avoid direct sun exposure for 3-5 days, if possible. Use sun protection as suggested by your practitioner.

### Home Skin Care Checklist

- ✓ **CLEANSE** – Use a soothing cleanser or facial wash with tepid water to cleanse your face for the following 48 hours. Dry gently. Always make sure your hands are clean when touching the treated area.
- ✓ **SOOTHE** – Copper-based skincare is recommended, post-treatment, as the mineral properties are perfect to help heal your skin and will sterilize it as well. Resveratrol-based products can help soothe the skin and lessen irritation.
- ✓ **HYDRATE** – Following your treatment, the skin may feel drier than normal. Hyaluronic acid is an ideal ingredient to hydrate and restore your skin back to a perfect balance.
- ✓ **MAKE-UP** – It is recommended that make-up is not applied for 12 hours after the procedure. Do not apply any make-up with a make-up brush or other applicators that might not be sterile.
- ✓ **PROTECT** – Apply a practitioner-approved sunscreen, if needed. Take precautions against exposure to the sun. Have no direct exposure to the sun for 3-5 days post-treatment. Do not apply chemical sunscreen for 24 hours post-treatment.

Print Name :

Sign Name:

Date:

Clinic Name: